

## Results

## Damer 10km

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	266	Tanja Eble	KD i Sigtuna		00:40:42		04:04
2	241	welander britt			00:42:13	00:01:30	04:13
3	330	Karin Dahlman			00:44:43	00:04:00	04:28
4	6	Malin Lindblom			00:47:09	00:06:26	04:42
5	271	Kajsa Larm			00:47:30	00:06:47	04:45
6	332	Therese Hillström			00:47:32	00:06:50	04:45
7	70	Anna-Karin Wilsson			00:47:59	00:07:17	04:47
8	128	Carina Nordlander			00:48:08	00:07:25	04:48
9	306	Anna Martinsen			00:49:24	00:08:41	04:56
10	173	Pernilla Olsen			00:49:36	00:08:53	04:57
11	342	Anna Sundberg			00:50:01	00:09:18	05:00
12	189	Lotta Karlström			00:50:37	00:09:55	05:03
13	59	Sara Lindvall			00:51:42	00:10:59	05:10
14	171	Jorun Ohlsén	tandläkare Jorun		00:51:59	00:11:17	05:11
15	133	Vivi-Ann Hultgreen Jacobsen			00:52:47	00:12:04	05:16
16	36	Ann Karyd			00:52:53	00:12:11	05:17
17	160	Charlotta Söör	RC Chocolat		00:53:42	00:12:59	05:22
18	97	Lena Hedin			00:53:50	00:13:08	05:23
19	261	Maria Hyttnäs	Frösö If		00:54:12	00:13:29	05:25
20	162	Karina Jonasson	RC Chocolat		00:54:42	00:13:59	05:28
21	116	Lotta Boman			00:54:47	00:14:05	05:28
22	118	Ann Danared			00:57:29	00:16:46	05:44
23	264	kristina Karlin			00:58:35	00:17:53	05:51
24	50	Nora Välimäki			01:03:48	00:23:05	06:22
25	130	Ida Post			01:06:59	00:26:16	06:41
26	325	Lotta Rahme			01:07:05	00:26:22	06:42
27	15	Sara Johnson			01:07:07	00:26:25	06:42

## Damer 5km

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	351	Rebecca Hälinder			00:25:08		05:01
2	81	Maria Kwickström Enquist			00:25:21	00:00:12	05:04
3	269	Helena Boström Magnusson			00:25:43	00:00:35	05:08
4	152	Annika Björk			00:26:45	00:01:37	05:21
5	92	Magdalena Rohdin-Hurtig			00:27:39	00:02:30	05:31
6	31	Helena Brandt			00:28:00	00:02:51	05:36
7	322	Olivia Brunberg			00:28:14	00:03:05	05:38
8	302	Malin Ulander			00:28:21	00:03:12	05:40
9	247	Sara Hedlund	RadissonBlu Arla		00:29:15	00:04:07	05:51
10	212	Maria Pallinder			00:29:25	00:04:16	05:53
11	371	Anna Nobel			00:29:52	00:04:43	05:58
12	381	Helena Litorp			00:30:11	00:05:03	06:02
13	384	Trine Trine			00:30:33	00:05:24	06:06
14	72	Ulrika Grandin			00:31:04	00:05:55	06:12
15	365	Sanna Hyppä			00:31:09	00:06:00	06:13
16	13	Helena Petersson	Märsta		00:31:16	00:06:07	06:15
17	292	Jenny Svan			00:32:06	00:06:57	06:25
18	355	Helene Andersson			00:32:16	00:07:08	06:27
19	370	Lina Lingman			00:32:16	00:07:08	06:27
20	262	Karin Ericson			00:33:15	00:08:06	06:39
21	368	Ebba Lingman			00:33:48	00:08:40	06:45
22	163	Sandra Ahlinder	RC Chocolat		00:34:42	00:09:33	06:56
23	258	Camilla Elwing Johansson			00:34:47	00:09:39	06:57
24	354	Nina Dahlkvist			00:34:52	00:09:44	06:58
25	157	Carola Ålstig Andersson			00:34:56	00:09:47	06:59
26	277	katalin lundmark			00:35:03	00:09:54	07:00
27	319	Ulrika Jakobsson			00:35:36	00:10:28	07:07
28	67	Lena Fahlgren			00:36:04	00:10:56	07:12
29	372	Camilla Mikkelsen			00:36:22	00:11:13	07:16
30	58	Anna Lundhagen	IFK Märsta		00:39:06	00:13:57	07:49
31	367	Julia Hoffner			00:39:28	00:14:20	07:53

**Damer 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
32	195	Therese Carlberg			00:40:42	00:15:33	08:08
33	197	Emelie Carlberg			00:41:44	00:16:36	08:20
34	78	Anita Bergenfur			00:42:08	00:16:59	08:25
35	190	Ewa Wikland			00:43:11	00:18:02	08:38
36	357	Stefanie Larsson			00:45:08	00:20:00	09:01
37	176	Tuva Jangbratt			00:45:26	00:20:18	09:05
38	174	Sofie Sandström			00:45:32	00:20:23	09:06
39	352	Erica Findell			00:46:34	00:21:26	09:18
40	343	Monica Zetterlund			00:47:33	00:22:24	09:30
41	181	Celima Cedermark			00:48:12	00:23:03	09:38
42	178	Raquel Cedermark			00:48:34	00:23:26	09:42
43	353	Malin Hålander			00:49:15	00:24:07	09:51
44	383	Linnea			00:49:46	00:24:38	09:57
45	382	Alexandra Lucht			00:49:47	00:24:38	09:57
46	155	Margareta Lind			00:53:41	00:28:32	10:44
47	363	Mikaela Magnusson			00:56:09	00:31:00	11:13
48	179	Viktoria Cedermark			01:01:01	00:35:53	12:12
49	180	Rebecca Cedermark			01:01:02	00:35:53	12:12
50	182	Rikke Christensen			01:01:28	00:36:20	12:17
51	185	Angelica Tulldahl			01:03:26	00:38:17	12:41
52	199	Johanna Westberg			01:03:26	00:38:18	12:41
53	103	Annelie Dahl			01:03:36	00:38:27	12:43

**Gång 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	228	Melina Mattiasson			00:32:00		06:24
2	229	Annika Bergström			00:38:26	00:06:25	07:41
3	348	Pia Lingman			00:39:29	00:07:28	07:53
4	226	Claes Heinerwall			00:44:17	00:12:17	08:51
4	220	Eva Landberg Persson			00:44:17	00:12:17	08:51
6	362	Karin Andren			00:45:17	00:13:16	09:03
7	154	Melinda Lind			00:45:29	00:13:28	09:05
7	346	Christel Sjöheim			00:45:29	00:13:28	09:05
9	359	Kirsi Kohlström			00:45:35	00:13:35	09:07
10	206	Sarah Staaf-Nabavi			00:46:33	00:14:33	09:18
11	207	Annika Andersson			00:46:34	00:14:33	09:18
12	358	Marie-Louise Ward			00:47:01	00:15:01	09:24
13	361	Ing-Marie Hoffner			00:47:01	00:15:01	09:24
14	289	Monica Cedervi			00:48:24	00:16:23	09:40
15	224	Philippa Krantz			00:49:06	00:17:05	09:49
16	225	Hans Krantz			00:49:06	00:17:05	09:49
17	349	Jennie Svanberg			00:49:16	00:17:15	09:51
18	114	Lena Andersson			00:49:42	00:17:41	09:56
19	119	Mats Andersson			00:49:43	00:17:43	09:56
20	290	Torsten Cedervi			00:51:15	00:19:14	10:15
21	231	Sevim Demir			00:52:25	00:20:24	10:29
22	223	Lene Weinberg			00:52:25	00:20:25	10:29
23	235	Pia Saarinen Tehranchi			00:52:26	00:20:25	10:29
24	110	Birgitta Giesenfeld			00:53:48	00:21:48	10:45
25	113	Monica Jernetz			00:53:49	00:21:48	10:45
26	227	Monica Mattiasson			00:53:56	00:21:55	10:47
27	233	Mia Borg			00:53:57	00:21:57	10:47
28	232	Petra Roman			00:53:58	00:21:57	10:47
29	374	Karen Åhlstad			00:54:00	00:21:59	10:48
30	202	Christine Stallman			00:54:47	00:22:46	10:57
31	201	Eva Linden Nyholm			00:54:47	00:22:46	10:57
32	236	Faruk Akkurt			00:55:02	00:23:01	11:00
33	237	Gule Akkurt			00:55:02	00:23:02	11:00
34	360	Kristoffer Magnusson			00:56:11	00:24:10	11:14
35	205	Kristin Vedung			00:57:36	00:25:35	11:31
36	203	Petra Mutzell Skånsberg			00:57:36	00:25:35	11:31
37	204	Kerstin Westlund			00:57:36	00:25:36	11:31
38	87	Maria Nyberg			00:57:43	00:25:42	11:32

## Gång 5km

Place	StartNo	Name	Club	Country	Time	Behind	Pace
39	136	Ruth Weldegiorgis			00:57:45	00:25:44	11:33
40	127	Cecilia Eldelöf			00:57:45	00:25:44	11:33
41	209	Angelica Karlsson			00:57:47	00:25:46	11:33
42	208	Ros-Marie Kokkonen			00:57:47	00:25:46	11:33
43	210	Josefin Hällstrand			00:57:47	00:25:46	11:33
44	311	Mads Sjöberg Madsen			00:58:47	00:26:47	11:45
45	313	Felicia Felldin			00:58:53	00:26:52	11:46
46	312	Klara Sjöberg Madsen			00:58:53	00:26:52	11:46
47	310	Amalie Sjöberg Madsen			00:59:04	00:27:03	11:48
48	284	Karin Bärner			01:01:48	00:29:47	12:21
48	153	Britta Kaul			01:01:48	00:29:47	12:21
50	77	Karin Persson Flodin			01:01:48	00:29:48	12:21
51	89	Anette Madsen			01:02:58	00:30:57	12:35
52	255	Lottie Pettersson			01:05:01	00:33:01	13:00
53	254	Sawsan Albadwi	Radisson Blu Arl		01:05:02	00:33:01	13:00
54	248	Maria Tullberg	RadissonBlu Arla		01:05:02	00:33:01	13:00
55	253	Kim Tarstrand			01:05:02	00:33:02	13:00
56	251	Gun Lillman	Radisson Blu Arl		01:05:06	00:33:06	13:01
57	336	Mattias Ekblom			01:08:31	00:36:30	13:42
58	335	Madeleine Ekblom			01:08:31	00:36:31	13:42
59	333	Anders Ekblom			01:08:32	00:36:31	13:42
60	334	Carina Ekblom			01:08:34	00:36:33	13:42

## Herrar 10km

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	18	Christian Kock	FK Studenterna		00:34:35		03:27
2	69	Markus Fahlgren			00:37:52	00:03:17	03:47
3	217	Martin Jonsson			00:37:57	00:03:21	03:47
4	161	Morten Linnes	RC Chocolat		00:38:05	00:03:29	03:48
5	287	Svante Carlsson			00:38:09	00:03:33	03:48
6	339	David Bonnevier			00:38:13	00:03:38	03:49
7	295	Andrea Mårtensson			00:38:26	00:03:51	03:50
8	68	Anders Fahlgren			00:39:07	00:04:31	03:54
9	91	Mats Hurtig			00:39:50	00:05:14	03:59
10	64	Michael Johansson	Stall Grindtorp		00:40:12	00:05:36	04:01
11	308	Fredric Wismar			00:40:17	00:05:41	04:01
12	314	Daniel Mensch			00:40:36	00:06:00	04:03
13	145	Göran Strömstedt	Team NBC		00:40:46	00:06:10	04:04
14	73	Björn Magnusson			00:40:51	00:06:15	04:05
15	129	Pelle Nordlander			00:41:03	00:06:27	04:06
16	246	Roger Sundin			00:41:41	00:07:05	04:10
17	172	Andreas Olsen			00:42:08	00:07:32	04:12
18	309	Jens Sjöberg Madsen			00:42:18	00:07:42	04:13
19	76	Patrik Tennberg			00:42:32	00:07:56	04:15
20	169	Ulf Ståhltnacke			00:42:33	00:07:58	04:15
21	52	Axel Weckström			00:43:14	00:08:38	04:19
22	321	Magnus Jonasson			00:43:19	00:08:43	04:19
23	12	Jesper Persson	Lemuren		00:43:21	00:08:46	04:20
24	184	Johan Forsell			00:44:06	00:09:30	04:24
25	294	Andreas Jansson			00:44:28	00:09:52	04:26
26	307	Peter Svensson			00:44:46	00:10:11	04:28
27	281	Johan Boström			00:44:47	00:10:11	04:28
28	117	Ulf Boman			00:44:54	00:10:18	04:29
29	347	Ola Hammarlund			00:44:57	00:10:21	04:29
30	149	Anders Brask			00:44:58	00:10:22	04:29
31	79	Johan Svensson	Clarion Hotel Arl		00:45:13	00:10:37	04:31
32	293	Johan Kügler			00:45:15	00:10:39	04:31
33	377	Johan Dahl			00:45:21	00:10:46	04:32
34	234	Stefan Söderman			00:45:41	00:11:05	04:34
35	11	Peter Persson	Sigtuna Deltidsbr		00:45:46	00:11:10	04:34
36	272	Jonas Larm			00:47:30	00:12:54	04:45
37	120	Sami Vihriälä			00:47:51	00:13:16	04:47
38	34	Håkan Wallin	Sigtuna IF		00:48:07	00:13:31	04:48

**Herrar 10km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
39	305	Sigmund Martinsen			00:48:08	00:13:32	04:48
40	257	Jens Johansson			00:48:37	00:14:01	04:51
41	106	Anders Dahl			00:48:45	00:14:09	04:52
42	86	Robert Ström			00:48:45	00:14:09	04:52
43	341	John Strömland			00:48:48	00:14:12	04:52
44	216	Niclas Fredriksson			00:49:06	00:14:30	04:54
45	278	anders lundmark			00:49:15	00:14:40	04:55
46	98	Tomas Hedin			00:49:32	00:14:56	04:57
47	331	Benny Engstrand			00:49:35	00:15:00	04:57
48	291	Sten Hansson			00:50:43	00:16:07	05:04
49	323	David Nelson			00:51:40	00:17:04	05:10
50	243	Ton Copray			00:51:40	00:17:04	05:10
51	324	Johan Pattranie			00:51:41	00:17:05	05:10
52	375	Bengt Hirvonen			00:51:50	00:17:14	05:11
53	218	Henrik Bohman			00:51:55	00:17:19	05:11
54	10	Peter Dahl			00:52:11	00:17:35	05:13
55	317	Olov Carlsson			00:53:45	00:19:09	05:22
56	345	Erik Ekström			00:54:49	00:20:13	05:28
57	170	Aziz Azizsson			00:55:25	00:20:50	05:32
58	140	Roland Surer			00:55:59	00:21:23	05:35
59	131	Tomas Kolterud			00:56:09	00:21:33	05:36
60	125	Palle Isaksson			00:57:32	00:22:56	05:45
61	138	Christoffer Krispinsson	GoExcellent Swe		00:58:09	00:23:34	05:48
62	139	Anders Krispinsson	Heby Fordonsinr		00:58:13	00:23:37	05:49
63	57	Anders Simonsson			01:00:57	00:26:22	06:05
63	378	Tryggve Åhlstad			01:00:57	00:26:22	06:05
65	102	Björn Jonzon			01:03:09	00:28:33	06:18
65	135	Jonas Jonzon			01:03:09	00:28:33	06:18
67	318	Haldo Carlsson			01:07:36	00:33:00	06:45
68	376	Torsten England			01:40:56	01:06:20	10:05

**Herrar 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	326	Ole Kling			00:20:38		04:07
2	33	Fredric Buchaus			00:21:15	00:00:36	04:15
3	104	Tommy Brissman	sigtuna kommun		00:21:31	00:00:53	04:18
4	268	Henrik Magnusson			00:23:02	00:02:24	04:36
5	188	Tevin Kamau			00:23:29	00:02:50	04:41
6	156	Bo Lind			00:24:27	00:03:49	04:53
7	71	Michael Gaevert			00:24:29	00:03:50	04:53
8	151	Per Björk			00:25:02	00:04:24	05:00
9	27	Staffan Sandström			00:25:54	00:05:16	05:10
10	100	Nicko Brännlund			00:26:09	00:05:31	05:13
11	175	Elliot Jangbratt			00:26:19	00:05:40	05:15
12	252	Alexander Byström	Radisson Blu Sky		00:26:31	00:05:53	05:18
13	66	Bengt Fahlgren			00:27:04	00:06:25	05:24
14	249	Christopher Thynne	RadissonBlu Sky		00:27:15	00:06:36	05:27
15	364	Max Warnebring			00:27:28	00:06:50	05:29
16	222	Mattias Aspsäter			00:27:36	00:06:58	05:31
17	275	Peter Grøntved			00:28:06	00:07:28	05:37
18	213	Andreas Pallinder			00:29:06	00:08:27	05:49
19	298	Lucas Fageräng			00:30:15	00:09:37	06:03
20	115	Greger Fellin			00:30:27	00:09:49	06:05
21	84	Martin Enquist			00:30:31	00:09:52	06:06
22	283	Håkan Barrner			00:30:31	00:09:52	06:06
23	366	Tomas Luft			00:30:34	00:09:56	06:06
24	198	Melker Olsen			00:30:49	00:10:10	06:09
25	215	Daniel Bohman			00:31:07	00:10:28	06:13
26	265	Allan Forsling	Lions Sigtuna		00:33:23	00:12:44	06:40
27	288	Jan Calen			00:35:13	00:14:34	07:02
28	239	Henrik von Bergen	KD i Sigtuna		00:36:15	00:15:36	07:15
29	196	Linus Carlberg			00:40:45	00:20:06	08:09
30	329	Staffan Söderberg			00:40:45	00:20:06	08:09

**Herrar 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
31	5	Hans Starkman			00:42:13	00:21:34	08:26
32	192	Isak Wikland			00:43:08	00:22:29	08:37
33	191	Erik Wikland			00:43:08	00:22:29	08:37
34	177	Jonathan Jansson			00:43:11	00:22:33	08:38
35	301	Tomas Ulander			00:51:08	00:30:29	10:13
36	356	Peter Hansson			00:56:00	00:35:21	11:12
37	183	Lars Forsell			01:02:12	00:41:33	12:26
37	200	Mattias Nyquist			01:02:12	00:41:33	12:26
39	90	Fredrik Brännlund			01:03:00	00:42:21	12:36
40	186	David Tulldahl			01:03:25	00:42:46	12:41

**Killar Ungdom 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	148	Axel Lervik	Håbo FF		00:23:41		04:44
2	132	Jonatan Svahn			00:23:46	00:00:05	04:45
3	41	Vilhelm Buchaus			00:24:52	00:01:11	04:58
4	28	Erik Sandström			00:25:08	00:01:26	05:01
5	96	Liam Brännlund			00:26:09	00:02:28	05:13
6	167	Kevin Björk			00:26:31	00:02:50	05:18
7	121	Jonathan Andersson			00:26:48	00:03:06	05:21
8	280	jonatan lundmark			00:27:28	00:03:47	05:29
9	168	Fredrik Karlsson			00:27:50	00:04:08	05:34
10	126	Adam Rosvall	Sigtuna IF		00:28:30	00:04:48	05:42
11	82	William Enquist			00:30:29	00:06:47	06:05
12	62	Markus Lundhagen	IFK Märsta		00:31:51	00:08:10	06:22
13	16	Erik Dahl			00:31:54	00:08:12	06:22
14	17	Valdemar Dahl			00:32:11	00:08:29	06:26
15	263	Carl-Oskar Ericson			00:32:54	00:09:13	06:34
16	373	Adrian Mikkelsen			00:36:22	00:12:41	07:16
17	61	Joel Lundhagen	IFK Märsta		00:39:05	00:15:24	07:49
18	54	Tore Välimäki			00:40:55	00:17:13	08:11
19	300	David Ulander			00:51:07	00:27:26	10:13
20	108	Fredrik Dahl			01:03:35	00:39:53	12:43

**Knatte 750m**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	122	Felix Andersson			00:03:36		04:48
2	99	Elliot Ljungdahl			00:03:37	00:00:01	04:50
3	297	Gustav Mattsson			00:03:43	00:00:07	04:57
4	144	Alice Erenrot			00:03:44	00:00:07	04:58
5	159	Wilmer Andersson			00:03:55	00:00:19	05:13
6	242	elliott welander			00:03:57	00:00:21	05:16
7	35	Axel Skånsberg			00:04:03	00:00:27	05:24
8	95	Adrian Hurtig			00:04:08	00:00:32	05:31
9	279	arvid lundmark			00:04:16	00:00:40	05:41
10	42	Vendela Buchaus			00:04:18	00:00:42	05:44
11	219	Alicia Bohman			00:04:24	00:00:48	05:52
12	83	Edwin Enquist			00:04:28	00:00:52	05:57
13	63	Frida Lundhagen			00:04:31	00:00:55	06:02
14	315	Johanna Mensch			00:04:51	00:01:14	06:28
15	165	Meja Söderman			00:04:52	00:01:16	06:30
16	273	Mathilda Larm			00:05:03	00:01:27	06:45
17	340	Alva Strömmland			00:05:08	00:01:32	06:51
18	316	Alva Bergvin			00:05:11	00:01:35	06:55
19	270	Ludvig Magnusson			00:06:02	00:02:26	08:03
20	299	Rikard Ulander			00:06:19	00:02:43	08:26
21	296	Liv Clefberg			00:07:41	00:04:04	10:14
22	337	Benjamin Bonnevier			00:07:42	00:04:06	10:16
23	274	Melker Larm			00:08:26	00:04:50	11:15
24	338	Jakob Bonnevier			00:15:44	00:12:08	20:59

**Tjejer Ungdom 5km**

Place	StartNo	Name	Club	Country	Time	Behind	Pace
1	245	Linnèa Dennerporth	Stadsbyggnadsko		00:23:20		04:40

## Tjejer Ungdom 5km

Place	StartNo	Name	Club	Country	Time	Behind	Pace
2	303	Sandra Ulander			00:25:48	00:02:27	05:09
3	146	Tove Strömstedt	Järfällagymnaster		00:26:58	00:03:38	05:23
4	379	Rebecca Schultzberg			00:28:00	00:04:39	05:36
5	304	Hanna Ulander			00:28:10	00:04:49	05:38
6	93	Martina Hurtig			00:30:43	00:07:22	06:08
7	164	Justina Björk			00:32:25	00:09:05	06:29
8	94	Amanda Hurtig			00:32:32	00:09:11	06:30
9	14	Wilma Petersson	Märsta		00:33:48	00:10:28	06:45
10	158	Elina Andersson			00:34:55	00:11:35	06:59
11	143	Thea Erenrot			00:36:24	00:13:03	07:16
12	166	Emma Söderman			00:37:55	00:14:35	07:35
13	328	Hanna Almqvist			00:40:42	00:17:21	08:08
14	327	Tilda Söderberg			00:40:42	00:17:21	08:08
15	55	Svea Välimäki			00:40:55	00:17:35	08:11
16	53	Alva Välimäki			00:40:56	00:17:36	08:11
17	380	Emelie Boström			00:53:08	00:29:47	10:37
18	260	Josefine Johansson			00:59:02	00:35:41	11:48
19	259	Selma Johansson			00:59:02	00:35:42	11:48
20	244	Anna Dehlin			01:08:45	00:45:24	13:45
21	240	Ellinor Brändefors			01:08:45	00:45:24	13:45