

## Lagresultat 5km

| StartNr | Namn       | Tid      | Sträcka                        | LagPlac | LagTid   | Enhet            |
|---------|------------|----------|--------------------------------|---------|----------|------------------|
| 778     | Gerth      | 00:22:14 | Herrar 5km                     | 1       | 01:11:42 | Gubbgympan       |
| 430     | Thomas     | 00:23:44 | Herrar 5km                     |         |          |                  |
| 409     | Lars       | 00:25:43 | Herrar 5km                     |         |          |                  |
| 399     | Ulf        | 00:30:24 | Herrar 5km                     |         |          |                  |
| 445     | Lars       | 00:31:01 | Herrar 5km                     |         |          |                  |
| 491     | Björn      | 00:31:10 | Herrar 5km                     |         |          |                  |
| 189     | Maria      | 00:23:22 | Damer 5km                      | 2       | 01:13:16 | Sigtuna kommun   |
| 493     | Jan        | 00:24:50 | Herrar 5km                     |         |          |                  |
| 202     | Marie      | 00:25:03 | Damer 5km                      |         |          |                  |
| 152     | Katarina   | 00:29:57 | Damer 5km                      |         |          |                  |
| 589     | Kerstin    | 00:34:54 | Damer 5km                      |         |          |                  |
| 160     | Eva        | 00:37:21 | Damer 5km                      |         |          |                  |
| 478     | Torbjörn   | 00:39:07 | Herrar 5km                     |         |          |                  |
| 131     | Annica     | 00:41:42 | Damer 5km                      |         |          |                  |
| 586     | Caroline   | 00:43:37 | Promenad Herrar och Damer 5 km |         |          |                  |
| 571     | Anna-Karin | 00:48:33 | Promenad Herrar och Damer 5 km |         |          |                  |
| 405     | Gustaf     | 00:19:26 | Herrar 5km                     | 3       | 01:14:46 | Sigtuna OK       |
| 447     | Andreas    | 00:24:33 | Herrar 5km                     |         |          |                  |
| 448     | Mikael     | 00:30:46 | Herrar 5km                     |         |          |                  |
| 181     | Malin      | 00:33:52 | Damer 5km                      |         |          |                  |
| 136     | Carina     | 00:37:33 | Damer 5km                      |         |          |                  |
| 466     | Martin     | 00:19:30 | Herrar 5km                     | 4       | 01:19:17 | Hotell Kristina  |
| 434     | Jose       | 00:25:56 | Herrar 5km                     |         |          |                  |
| 153     | Raquel     | 00:33:49 | Damer 5km                      |         |          |                  |
| 577     | Pernilla   | 00:50:20 | Promenad Herrar och Damer 5 km |         |          |                  |
| 473     | Viktor     | 00:53:39 | Herrar 5km                     |         |          |                  |
| 186     | Erin       | 00:24:36 | Herrar 5km                     | 5       | 01:19:46 | Fastighetsbyrån  |
| 165     | Rebecca    | 00:26:29 | Damer 5km                      |         |          |                  |
| 162     | Lousie     | 00:28:40 | Damer 5km                      |         |          |                  |
| 403     | Henrik     | 00:30:00 | Herrar 5km                     |         |          |                  |
| 190     | Åsa        | 00:32:30 | Damer 5km                      |         |          |                  |
| 212     | Kicki      | 00:34:19 | Damer 5km                      |         |          |                  |
| 234     | Hannah     | 00:37:15 | Damer 5km                      |         |          |                  |
| 216     | Frida      | 00:37:15 | Damer 5km                      |         |          |                  |
| 184     | Marie      | 00:45:29 | Damer 5km                      |         |          |                  |
| 151     | Eva        | 00:56:14 | Damer 5km                      |         |          |                  |
| 187     | Ros-Marie  | 00:56:16 | Damer 5km                      |         |          |                  |
| 440     | Eriksson   | 00:25:50 | Herrar 5km                     | 6       | 01:20:03 | Swedbank Sigtuna |
| 418     | Odima      | 00:26:58 | Herrar 5km                     |         |          |                  |
| 681     | Adam       | 00:27:15 | Herrar 5km                     |         |          |                  |
| 680     | Monica     | 00:30:26 | Damer 5km                      |         |          |                  |
| 400     | Lindén     | 00:33:13 | Herrar 5km                     |         |          |                  |

|                     |          |                                |    |   |
|---------------------|----------|--------------------------------|----|---|
| 676 Carina          | 00:33:13 | Damer 5km                      |    |   |
| 677 Jennifer        | 00:38:59 | Damer 5km                      |    |   |
| 191 Højris Weinberg | 00:52:43 | Damer 5km                      |    |   |
| 417 Blomqvist       | 00:52:43 | Herrar 5km                     |    |   |
| 488 Johan           | 00:22:40 | Herrar 5km                     | 7  | 01:22:05 RC Chocolat                          |
| 118 Charlotta       | 00:25:57 | Damer 5km                      |    |   |
| 149 Alicia          | 00:33:27 | Damer 5km                      |    |   |
| 438 Odd             | 00:34:10 | Herrar 5km                     |    |   |
| 439 Randi           | 00:38:52 | Damer 5km                      |    |   |
| 81 Julia            | 00:29:46 | Damer 5km                      | 8  | 01:32:05 Sigtuna Meetings                     |
| 455 Niclas          | 00:30:07 | Herrar 5km                     |    |   |
| 465 Joe             | 00:32:12 | Herrar 5km                     |    |   |
| 574 Maria           | 00:32:12 | Damer 5km                      |    |   |
| 412 Liam            | 00:36:19 | Herrar 5km                     |    |   |
| 411 Fredrik         | 00:36:21 | Herrar 5km                     |    |   |
| 138 Lena            | 00:45:50 | Promenad Herrar och Damer 5 km |    |   |
| 401 Mats            | 00:45:51 | Promenad Herrar och Damer 5 km |    |   |
| 155 Alexandra       | 00:47:16 | Damer 5km                      |    |   |
| 556 Helena          | 00:51:12 | Promenad Herrar och Damer 5 km |    |   |
| 579 Siv             | 00:51:12 | Promenad Herrar och Damer 5 km |    |   |
| 565 Therese         | 00:56:16 | Promenad Herrar och Damer 5 km |    |   |
| 567 Anna            | 00:56:16 | Promenad Herrar och Damer 5 km |    |   |
| 572 Anette          | 00:59:14 | Promenad Herrar och Damer 5 km |    |   |
| 159 Katarina        | 01:06:32 | Damer 5km                      |    |   |
| 476 Theo            | 01:06:32 | Herrar 5km                     |    |   |
| 413 Magnus          | 01:13:10 | Herrar 5km                     |    |   |
| 456 Kristian        | 00:29:54 | Herrar 5km                     | 9  | 01:34:37 Clarity in Life                      |
| 199 Anna            | 00:32:09 | Damer 5km                      |    |   |
| 182 Maria           | 00:32:32 | Damer 5km                      |    |   |
| 168 Charlotta       | 00:35:17 | Damer 5km                      |    |   |
| 200 Maryam          | 00:29:38 | Promenad Herrar och Damer 5 km | 10 | 01:36:08 Sigtuna Läkarhus                     |
| 129 Annica          | 00:32:45 | Damer 5km                      |    |   |
| 156 Ulrika          | 00:33:44 | Damer 5km                      |    |   |
| 135 Annica          | 00:42:10 | Damer 5km                      |    |   |
| 215 Iris            | 00:49:31 | Damer 5km                      |    |   |
| 167 Daniela         | 01:00:13 | Damer 5km                      |    |   |
| 487 Patrik          | 00:27:00 | Herrar 5km                     | 11 | 01:44:48 Beckers (Becker Industrial Coatings) |
| 169 Caroline        | 00:34:02 | Damer 5km                      |    |   |
| 581 Christel        | 00:43:45 | Promenad Herrar och Damer 5 km |    |   |
| 143 Nina            | 00:30:56 | Damer 5km                      | 12 | 02:03:04 SEB Sky City                         |
| 480 Robert          | 00:31:41 | Herrar 5km                     |    |   |
| 204 Krystyna        | 01:00:25 | Damer 5km                      |    |   |
| 404 Göran           | 01:00:26 | Herrar 5km                     |    |   |
| 256 Marcus          | 01:00:27 | Herrar 5km                     |    |   |

|              |                                    |      |                                  |
|--------------|------------------------------------|------|----------------------------------|
| 84 Evelina   | 00:42:02 Promenad Herrar           | 13   | 02:06:06 Järfälla Alpina         |
| 110 Mikaela  | 00:42:02 Promenad Herrar och Damer | 5 km |                                  |
| 147 Tilde    | 00:42:02 Promenad Herrar och Damer | 5 km |                                  |
| 475 Torbjörn | 00:34:51 Herrar                    | 5km  | 14 02:17:12 Sigtuna folkhögskola |
| 566 Sofie    | 00:45:38 Promenad Herrar och Damer | 5 km |                                  |
| 446 Anna     | 00:56:41 Damer                     | 5km  |                                  |
| 573 Ida      | 00:58:11 Promenad Herrar och Damer | 5 km |                                  |
| 559 Izabella | 00:58:12 Promenad Herrar och Damer | 5 km |                                  |

# Lagresultat 10km

| StartN | Namn     | Tid      | Sträcka     | LagPlac | LagTid   | Lag                                  |
|--------|----------|----------|-------------|---------|----------|--------------------------------------|
| 254    | Ajmal    | 00:43:41 | Herrar 10km | 1       | 02:16:11 | ARRIVA                               |
| 278    | Ivar     | 00:43:41 | Herrar 10km |         |          |                                      |
| 389    | Peter    | 00:48:47 | Herrar 10km |         |          |                                      |
| 117    | Sofie    | 00:48:58 | Damer 10km  |         |          |                                      |
| 277    | Per      | 00:44:18 | Herrar 10km | 2       | 02:19:00 | Clarity in Life                      |
| 352    | Anton    | 00:46:03 | Herrar 10km |         |          |                                      |
| 303    | Andreas  | 00:48:37 | Herrar 10km |         |          |                                      |
| 357    | Johan    | 01:00:04 | Herrar 10km |         |          |                                      |
| 93     | Therese  | 01:00:38 | Damer 10km  |         |          |                                      |
| 112    | Helena   | 01:00:44 | Damer 10km  |         |          |                                      |
| 108    | Helene   | 01:08:11 | Damer 10km  |         |          |                                      |
| 382    | Marcus   | 00:44:58 | Herrar 10km | 3       | 02:21:15 | Järfälla Alpina                      |
| 381    | Lucas    | 00:45:03 | Herrar 10km |         |          |                                      |
| 250    | Ludvig   | 00:51:13 | Herrar 10km |         |          |                                      |
| 88     | Emmelie  | 00:58:23 | Damer 10km  |         |          |                                      |
| 94     | Emma     | 01:03:08 | Damer 10km  |         |          |                                      |
| 358    | Simon    | 01:11:00 | Herrar 10km |         |          |                                      |
| 330    | John     | 01:11:00 | Herrar 10km |         |          |                                      |
| 263    | Jonas    | 00:42:24 | Herrar 10km | 4       | 02:24:55 | Sigtuna kommun                       |
| 345    | Anders   | 00:49:19 | Herrar 10km |         |          |                                      |
| 327    | Henrik   | 00:53:11 | Herrar 10km |         |          |                                      |
| 247    | Mikael   | 00:56:43 | Herrar 10km |         |          |                                      |
| 115    | Luisa    | 01:00:21 | Damer 10km  |         |          |                                      |
| 322    | Dan      | 01:03:27 | Herrar 10km |         |          |                                      |
| 351    | Christel | 01:03:56 | Herrar 10km |         |          |                                      |
| 257    | Per      | 01:03:57 | Herrar 10km |         |          |                                      |
| 119    | Marianne | 01:08:15 | Damer 10km  |         |          |                                      |
| 361    | Rolf     | 00:42:51 | Herrar 10km | 5       | 02:27:00 | RC Chocolat                          |
| 239    | Magnus   | 00:45:52 | Herrar 10km |         |          |                                      |
| 95     | Karina   | 00:58:16 | Damer 10km  |         |          |                                      |
| 248    | Henrik   | 01:03:02 | Herrar 10km |         |          |                                      |
| 388    | Patrik   | 00:40:36 | Herrar 10km | 6       | 02:31:05 | Comfort Karby VVS                    |
| 276    | Gustav   | 00:53:08 | Herrar 10km |         |          |                                      |
| 378    | Robert   | 00:57:19 | Herrar 10km |         |          |                                      |
| 316    | André    | 01:02:00 | Herrar 10km |         |          |                                      |
| 338    | Jan      | 00:48:57 | Herrar 10km | 7       | 02:32:31 | Beckers (Becker Industrial Coatings) |
| 364    | Johan    | 00:50:45 | Herrar 10km |         |          |                                      |
| 336    | Mikael   | 00:52:48 | Herrar 10km |         |          |                                      |
| 347    | Fredrik  | 01:00:16 | Herrar 10km |         |          |                                      |
| 287    | Jonas    | 00:45:19 | Herrar 10km | 8       | 02:33:39 | Sigtuna OK                           |

|               |          |             |    |                           |
|---------------|----------|-------------|----|---------------------------|
| 285 Anton     | 00:51:41 | Herrar 10km |    |                           |
| 286 Emil      | 00:56:39 | Herrar 10km |    |                           |
| 304 Magnus    | 00:44:28 | Herrar 10km | 9  | 02:34:27 Clarion Arlanda  |
| 377 Johan     | 00:48:56 | Herrar 10km |    |                           |
| 74 Sara       | 01:01:02 | Damer 10km  |    |                           |
| 348 Patrick   | 00:52:22 | Herrar 10km | 10 | 02:38:28 Sigtuna Meetings |
| 323 Gunnar    | 00:52:56 | Herrar 10km |    |                           |
| 249 Ulf       | 00:53:09 | Herrar 10km |    |                           |
| 324 Henrik    | 00:53:21 | Herrar 10km |    |                           |
| 238 Jonathan  | 00:56:56 | Herrar 10km |    |                           |
| 391 Colin     | 00:57:40 | Herrar 10km |    |                           |
| 104 Cia       | 00:59:25 | Damer 10km  |    |                           |
| 120 Jane      | 00:59:29 | Damer 10km  |    |                           |
| 271 Greger    | 00:59:47 | Herrar 10km |    |                           |
| 360 John      | 01:03:11 | Herrar 10km |    |                           |
| 288 Zaccarias | 01:04:47 | Herrar 10km |    |                           |
| 311 Jonas     | 01:07:03 | Herrar 10km |    |                           |
| 820 Björn     | 01:07:03 | Herrar 10km |    |                           |
| 73 Annelie    | 01:13:12 | Damer 10km  |    |                           |
| 368 Söderman  | 00:49:24 | Herrar 10km | 11 | 02:48:09 Swedbank Sigtuna |
| 679 Julian    | 00:59:22 | Herrar 10km |    |                           |
| 678 Wilmer    | 00:59:22 | Herrar 10km |    |                           |
| 240 Bergman   | 01:00:31 | Herrar 10km |    |                           |
| 682 Camilla   | 01:07:45 | Damer 10km  |    |                           |
| 307 Daniel    | 00:50:27 | Herrar 10km | 12 | 02:48:15 Kvarnbergets SK  |
| 260 Danne     | 00:51:34 | Herrar 10km |    |                           |
| 356 Robert    | 01:06:13 | Herrar 10km |    |                           |